

# CURRICULUM VITAE

## OPLEIDING

- 2023 Quantum Healing Hypnosis Therapy [QHHT] ~ Dolores & Julia Cannon  
2021 Hypnotherapie ~ Hypnoworld  
2013 - 2018 Klinische Pathologie UMCG  
2009 - 2010 Flebologie Erasmus MC / Albert Schweitzer Ziekenhuis Zwijndrecht  
2008 - 2009 Haarchirurgie [intern Hair Plus/extern privékliniek Barcelona]  
2003 - 2008 KNO AMC en St Lucas Andreas Ziekenhuis – promotietraject 'slaap apneu'  
1997 - 2003 Geneeskunde, Rijksuniversiteit Groningen  
1996 - 1997 Biologie, Rijksuniversiteit Groningen - propedeuse  
1995 - 1996 Biomedische Chemie, IJsselland College Deventer

## CURSUSSEN

- 2022 'Mind You' Zelfcompassie voor artsen ~ Selfcare for Healthcare  
2022 The four winds Society ~ Alberto Villoldo : Shamanic Dreaming  
2022 Voedingsgeneeskunde congres Houten : "op eigen kracht; over zelfherstel, voeding en motivatie"

## WERKERVARING

2023. – heden Zorgpionier & Uitvinder  
2018 – 2023 Klinisch patholoog Treant Zorggroep  
2018 – 2021 Medisch manager afdeling pathologie Treant Zorggroep  
2018 – 2021 Bestuurslid Coöperatie Pathologie Noord  
2008 – 2017 Freelance haartransplantatie chirurg diverse klinieken  
2009 - 2011 Fleboloog Erasmus MC en Albert Schweitzer Ziekenhuis Zwijndrecht  
2009 - 2010 CEO Crowne Hairsurgery

## PUBLICATIES

Kidney involvement in systemic calcitonine amyloidosis associated with medullary thyroid carcinoma  
Koopman T, Niedlich – den Herder C, Stegeman CA, Links TP, Hazenberg BPC, Diepstra A.  
Am J Kidney Dis. 2017 Apr;69(4):546-549. doi: 10.1053/j.ajkd.2016.09.027. Epub 2016 Dec 23.

Open rhinoplasty in children  
Dennis SC, den Herder C, Shandilya M, Nolst Trenité GJ.  
Facial Plast Surg. 2007 Nov;23(4): 259-266.

Paediatric Rhinoplasty surgery in an Academic setting  
Shandilya M, den Herder C, Dennis SC, Nolst Trenité GJ.  
Facial Plast Surg. 2007 Nov;23(4): 245-257.  
Geïsoleerde laryngeale sarcoidose  
Ketharanathan N, den Herder C, Veenstra J, de Vries N.  
Ned Tijdschr KNO Heelk Jan 2006 ; 12(1) : 23-25.

Bipolar radiofrequency induced thermotherapy of the tongue base: Its complications, acceptance and effectiveness under local anesthesia

Den Herder C, Kox D, van Tinteren H, de Vries N.

Eur Arch Otorhinolaryngol. 2006 Nov ; 263(11) : 1031-40. Epub 2006 Jul 22.

One stage multilevel surgery (uvulopalatopharyngoplasty, hyoid suspension, radiofrequent ablation of the tongue base with/without genioglossus advancement), in obstructive sleep apnea syndrome

Richard W, Kox D, den Herder C, van Tinteren H, de Vries N.

Eur Arch Otorhinolaryngol. 2007 Apr ; 264(4) : 439-44. Epub 2006 Oct 25.

Acceptance and long-term compliance of nCPAP in obstructive sleep apnea

Richard W, Venker J, den Herder C, Kox D, van den Berg B, Laman M, van Tinteren H, de Vries N.

Eur Arch Otorhinolaryngol. 2007 Sep ; 264(9):1081-6. Epub 2007 Apr 19.

The role of sleep position in obstructive sleep apnea syndrome

Richard W, Kox D, den Herder C, Laman M, van Tinteren H, de Vries N.

Eur Arch Otorhinolaryngol. 2006 Oct ; 263(10) : 946-50. Epub 2006 Jun 27.

Obstructive sleep apnoea and general anesthesia – “ a potentially dangerous combination”

Den Herder C, Appelboom DJ, de Vries N.

(Just in time module) BMJ. 24 March 2006; Review the essentials on everyday conditions.

<http://learning.bmjjournals.com/learning/searchresult.html?moduleId=5003259> Hyoidthyroidopexy as a surgical treatment for obstructive sleep

apnoea syndrome

Den Herder C, van Tinteren H, de Vries N.

Ned Tijdschr Geneesk. 2006 Jan 28 ; 150(4) : 198-203.

Response: Sleep Endoscopy Versus Modified Mallampati Score for OSA and Snoring. Letters to the Editor

Den Herder C.

Laryngoscope. 2005 Nov ; 115(11):2073-2074.

Response to Chisholm and Kotecha

Den Herder C, Hessel NS, de Vries N.

Clinical Otolaryngology. 2005. Oct 30 ; 5: 485.

Surgical treatment of obstructive sleep-apnoea syndrome

Richard W, den Herder C, de Vries N.

Ned Tijdschr Geneesk. 2005 May 28 ; 149(22) : 1193-6.

Hyoidthyroidpexia: a surgical treatment for sleep apnea syndrome

Den Herder C, van Tinteren H, de Vries N.

Laryngoscope 2005 Apr ; 115 (4) : 740-745.

Sleep endoscopy versus modified Mallampati score in sleep apnea and snoring

Den Herder C, van Tinteren H, de Vries N.

Laryngoscope. 2005 Apr ; 115 (4) : 735-739.

Risks of general anesthesia in people with obstructive sleep apnoea

Den Herder C, Schmeck J, Appelboom DJ, de Vries N.

BMJ. 2004 Oct 23 ; 329 (7472) : 955-95

Treatment of the obstructive sleep-apnea syndrome in adults

De Vries N, den Herder C, Hessel NS.

Ned Tijdschr Geneesk. 2004 Jan 31 ; 148(5) : 250-1; author reply 251.

Hyoidthyroidpexie, een nieuwe behandeling voor obstructief slaapapneusyndroom.

Den Herder C, Hessel NS, de Vries N.

Ned Tijdschr KNO Heelk Jan 2004 (10) 1 : 25-29.

Anesthesiologische aspecten bij obstructief slaapapneusyndroom

Den Herder, C, Elias BS, Appelboom DJ, de Vries N.

Ned Tijdschr KNO Heelk Jan 2004 (10) 1 : 7-11.

## **Hoofdstukken in boeken**

Sleep Apnea and Snoring. Surgical and non-surgical treatment  
Eds. Dr. M. Friedman. Elsevier, Chicago 2009.

Analysis of NCPAP failures  
Richard W, Venker J, den Herder C, Kox D, de Vries N. Chapter 10:69-72.

Hyoid suspension as the only procedure  
De Vries N, den Herder C. Chapter 49:305-312.

Multilevel surgery (hyoid suspension, radiofrequent ablation of the tongue base, uvulopalatoplasty) with/without genioglossal advancement  
De Vries N, Richard W, Kox D, den Herder C. Chapter 50:312-321.

Rhinologic and Sleep Apnea Surgical Techniques  
Risks of general anesthesia in people with Obstructive Sleep Apnea  
Den Herder C, Schmeck J, de Vries N. Eds. Dr S. Kountakis and Prof Dr M. Önerci. Springer-Verlag, Berlin Heidelberg 2007. Chapter 28:273-282.

Het Medisch Jaar 2005  
Slaapstoornissen en slaperigheid overdag – Obstructief slaapapneusyndroom  
Den Herder C, de Vries N. Eds. Dr. J.N. Keeman, prof. Dr. P.W. de Leeuw, dr. J.A. Mazel, prof. Dr. F.G. Zitman. Bohn Stafleu van Loghum, Houten 2005. Hoofdstuk 8; § 23:265-279.